

Collection Instructions for Semen Analysis

The following information explains the requirements for a basic semen analysis. Please review the collection instructions and complete the information form below.

- In order to make sure that a fully qualified technologist will be available to perform the necessary tests on your specimen, you must call the laboratory at 561-477-7728 to set up your appointment. Without an appointment, specimens will not be tested. Note that a period of abstinence (ejaculation by any means) of two to five days must be observed before the specimen is collected.
- The specimen must be delivered to the laboratory quickly so the technologists can begin testing within one hour after the specimen is produced. This is essential, as the quality of the specimen begins to deteriorate after that time.
- The Palm Beach Fertility location offers a collection room for your convenience. If you prefer to collect your specimen elsewhere, please make sure that you can still deliver the specimen to the laboratory within one hour of collection. Temperature extremes (less than 70°F or greater than 100°F) during transit must be avoided. Patients can most conveniently avoid temperature extremes by carrying the container close to their person, preferably inside a shirt or pocket, especially during cold weather.
- The specimen must be produced by masturbation. Unless cleared by the technologist in advance, no lubricant, including saliva, may be used during the collection process.
- The entire ejaculate must be collected in a clean screw-cap container, preferably one provided by the laboratory or the physician's office, to make certain that there is no residue of possible spermicidal materials (soap or detergent, for example) in or on the interior surface of the container. Because most condoms contain spermicidal chemicals, their use for this purpose is avoided. In the rare event that you can only collect a specimen with a condom, you must obtain a sterile spermicidal-free condom from the technologists in advance.
- The specimen container must be labeled completely before it is delivered to the laboratory. Specifically, all containers **MUST** be labeled with both partners' first and last names, social security numbers, days of abstinence, time of collection, and whether a portion of the sample was lost during collection. Improperly labeled specimens will be discarded without being examined or processed. The laboratory can provide a label along with the specimen container.
- Photo identification is required at the time of specimen drop off. **SPECIMENS WILL ONLY BE ACCEPTED FROM THE PATIENT OR HIS PARTNER.**

Please complete the information on the form below and return it to the front desk of the laboratory along with the test order from your physician.

Semen Analysis Specimen Information Form

Patients Name: _____ DOB: _____ SS# _____

Partner's Name: _____ DOB: _____ SS# _____

Date of collection: _____ Time specimen was produced: _____ Days of abstinence prior to collection _____

Was the specimen collected by masturbation? Yes No Does the cup contain the entire specimen (complete ejaculate)? Yes No

Type of container: _____ Source of container: _____

If specimen was transported from another location, did you keep it close to your body (inside shirt or pocket, etc): Yes No Does not apply

If specimen was exposed to extreme heat or cold during the trip to the lab, please describe: _____

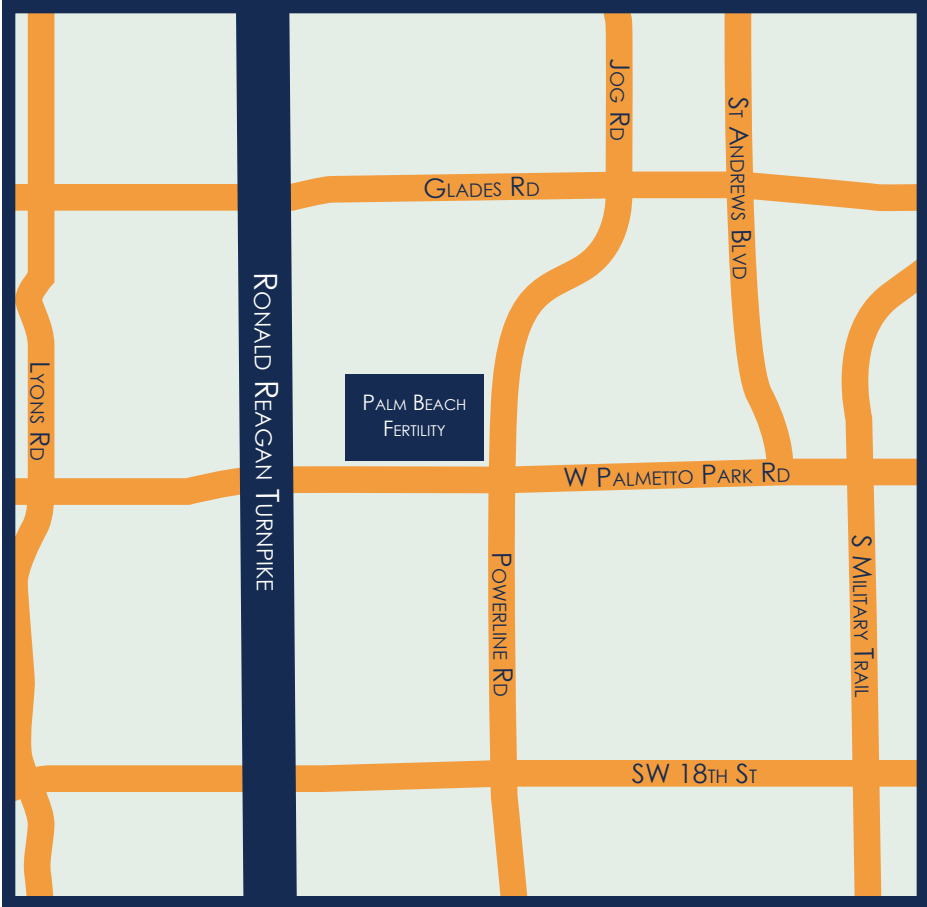
Any other problems in getting the specimen to the lab? _____

Time specimen was delivered to the lab: _____

The information provided above is true and complete.

Patient's signature: _____ Date: _____

Partner's signature: _____ Date: _____



Laboratory site for specimen drop off

Palm Beach Fertility
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Suite 201
Boca Raton, FL 33433
T 561-477-7728